

Karapoti Pace Guides

The following table is an approximate pace guide for a variety of Karapoti goal times. It is based on various rider experiences and some basic arithmetic. It is designed as a guide only.

KARAPOTI CLASSIC - RACE SPLITS											
Course Points	2hr 30min	2hr 45min	3hr 00min	3hr 15min	3hr 30min	3hr 45min	4hr 00min	4hr 15min	4hr 30min	4hr 45min	5hr 00min
McGhie's Bridge	0:17:00		0:19:00		0:22:00		0:19:00		0:29:00		0:34:00
Hukinga Turn Off							0:25:00				
Bottom Warm-up climb	0:24:00		0:28:00		0:32:00		0:35:00		0:42:00		0:48:00
Top Warm-up climb	0:31:00		0:38:00		0:44:00		0:47:00		0:56:00		1:02:00
Bottom Deadwood	0:33:00		0:41:00		0:48:00		0:51:00		1:00:00		1:06:00
Top Deadwood							1:14:00				
Cloustonville Turn-off	0:56:00		1:07:00		1:18:00				1:40:00		1:52:00
Top Rock Garden	1:09:00		1:22:00		1:35:00		1:43:00		2:03:00		2:18:00
Bottom Devils Staircase	1:15:00		1:31:00		1:46:00		1:57:00		2:15:00		2:30:00
Top of Staircase	1:29:00		1:47:00		2:05:00		2:17:00		2:40:00		2:58:00
Perhams Rd Turn-off	1:37:00		1:58:00		2:17:00		2:36:00		2:55:00		3:14:00
Bottom of Dopers Hill	1:44:00		2:07:00		2:28:00		2:51:00		3:08:00		3:28:00
Top of Dopers	2:05:00		2:31:00		2:56:00		3:24:00		3:45:00		4:10:00
Akatarawa River Crossing	2:15:00		2:44:00		3:11:00		3:40:00		4:04:00		4:30:00
<i>FINISH</i>	<i>2:30:00</i>	<i>2:45:00</i>	<i>3:00:00</i>	<i>3:15:00</i>	<i>3:30:00</i>	<i>3:45:00</i>	<i>4:00:00</i>	<i>4:15:00</i>	<i>4:30:00</i>	<i>4:45:00</i>	<i>5:00:00</i>